Why do people dab so much?

When we look back in history, we will find the past events that have changed our history forever, events from the birth of America to the present day.  In History, there are many events that the average American has heard of, such as when George Washington crossed the Delaware sneaking up to start the Revolutionary War, when the Japanese attacked Pearl Harbor, when JFK was assassinated in the streets of Dallas in 1963, or even when Martin Luther King Jr. gave African Americans civil rights; however, none of these great events in our rich history can ever match the legendary art of dabbing.  Dabbing, a trend that has spread from our youth to our elderly, has forever changed American history, and it is here to stay. So why do people dab so much?

You might ask yourself why such a subtle movement of the elbow and arm has taken over all social media and daily life.  I know I have asked myself before.  It is amazing to think about how the dab originally came into the public’s eyes.  The dance was brought on by Cam Newton, the quarterback for the Carolina Panthers, in his Super Bowl run in the 2015 season.  Celebrating a touchdown, Cam would immediately hit the dab; the move looked cool and slick. Although the public started following Mr. Newton, the dab had been done by a number of rappers, but it went unnoticed.  So what makes people dab so much?  Could it be a chemical reaction in the brain? I guess we will never really know.

There are times when a dab is appropriate and times when a dab makes the situation a lot worse for yourself.  For instance, when I was working at the pool this past summer, I witnessed an extremely high number of kids under the age of ten that would do something like jump off the diving board and hit a dab in mid-flight.  Of course, this is funny the first time you see it, but after the 6 billionth time it gets a little bit old.  The problem is that the children cannot comprehend when to stop dabbing.  Scientists have come up with a disease called “dab-itis”, an extremely terrible disease that makes you dab at an irregular rate.  Our youth are the ones most affected. Time is the only cure.  Unfortunately, many of the kids at the pool suffer from this.  They dab when they are walking to the bathroom, they dab when they pass the swim test, and they dab when they take a bite of their hotdog.  In school, I have seen teachers over the age of 50 hit a dab after giving a detention to a naughty kid.   It’s too much.  I believe that the reason it has blown up so much in the past year is because of social media.  Young culture has been forever changed due to our love for social media, and the dab was just another part of it.

Trends spread quickly and last as long as people think they are still cool.  When people think something is cool, they will keep doing it. It is in our human nature.  This is why the infamous dab, has changed our young culture so much and will keep affecting us.