**The Declaration of Independence**

When, in the course of human events it becomes necessary for the student body to refuse to awaken at the crack of dawn, and the Laws of Nature's God entitles them to rise when naturally woken, a decent respect to an adolescent’s needs and lifestyle requires full attention to understand what has impelled them towards separation with their alarm clocks.

We hold it to be self-evident that not all men are created with equal circadian rhythms, and that they are endowed by their Creator with certain unalienable rights; among these are the right to choose their own bedtime and to pursue the full nights rest required by a hectic schedule by sleeping well into midday. To secure these rights, parents are appointed the responsibility of ensuring their children’s wellbeing is maintained. Adolescents’ schedules are taxing and quite stressful; as a result, students technically require around nine hours of sleep to constitute a full night’s rest. It has come to the point that the educational system’s early wakeup call has become destructive of the students’ best interest, and so it is the right of the adolescents to alter it and to institute new policy such that optimal health and an alert mind are obtained. The following grievances shall prove our suffering.

* He has not realized that most students spend their entire day complaining of fatigue, which negatively affects cognition, attention span, and processing skills.
* He has made it so the average student must rise around 6 AM to be prepared for the school day in head of them.
* He has made school begin at the ungodly hour of 7:35 AM.
* He has forgotten that most adolescents carry rigorous course loads, participate in sports, hold down a job, do community service, and, if they’re lucky, maybe even have a social life.
* He has failed to realize that the activities listed above require a considerable amount of time outside of class.
* He has not realized that normal teenagers are not asleep by 9:00 PM, which is the time necessary to be asleep to acquire a sufficient amount.
* He has made it near impossible for the average student to receive the amount of sleep recommended for healthy brain function and development, causing students to perform at a level beneath their capabilities.
* He has set the student up for failure.

For years we have attempted to comply with these unfeasible expectations by going to bed at an unrealistic hour, hyping ourselves up on caffeine, and pinching ourselves when we realize we are drifting off during dull history lectures. We have stumbled through the halls like zombies for far too long. It is time to unite, and together we shall stand to humbly petition for our rights. We must acquiesce in the necessity to wage war against the early risers.

As representatives of the United States of America’s student body, we solemnly publish and declare that the school system can no longer dictate at which hour its students are required to rise, and that if they fail to comply with our regulations, we shall not cease until the entirety of their power has dissolved completely. As free and independent members of society, the adolescent population pledges their full support and willingness to do all that is necessary until this needless suffering is abolished.